

> Student's Guide >

Welcome to Lyon and Inflexyon!



Our school offers various French training courses adapted to each of you and your needs. The objective is to increase quickly and efficiently your knowledge in French, while suiting your expectations. Inflexyon develops an original teaching method, targeting the wellbeing and integration of students to French life in all areas. Inflexyon puts the emphasis on oral methods with lively classes, expression workshops and on meeting other foreign students and French people.

Furthermore, the various services Inflexyon offer will make your linguistic course in France and at Inflexyon even more enjoyable!



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CONTACT

> Address and general contact:

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Tel : + 33 (0)478 397 702

Fax : +33 (0)478 274 463

email :: contact@inflexyon.com

Website : www.inflexyon.com

*Opening hours : 8.30 am - 9 pm non stop
9h to 12h on Saturday*

> Direct contact:

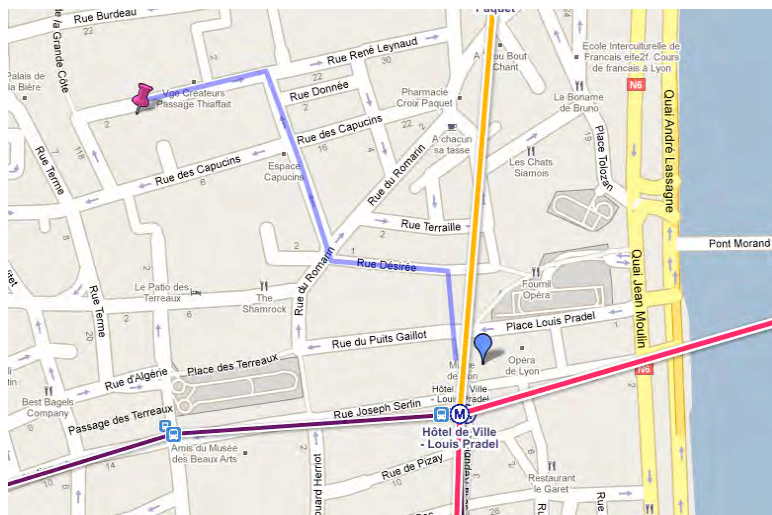
> Secretary : contact@inflexyon.com

> Director : arnaud.duquesne@inflexyon.com

> Pedagogic Director : adrien.bablet@inflexyon.com

> Skype / Facebook (username « inflexyon »)

> Geographic location: Inflexyon is located in the heart of Lyon



FRENCH COURSES AT INFLEXYON

1

FRENCH COURSE

<http://www.inflexyon.com/accueil/le-programme-de-français/>

Course formulas 30, 27, 17 or 12 lessons per week
Au pair and à la carte formulas
5 main level groups : from beginner to advanced
Specific French lessons, general French and workshops
Cultural visits

2

ACCOMMODATION

We can find it
for you !
IN A HOST
FAMILY IN A STUDENT
RESIDENCE

Depends on
what you are
looking
for

- > Be part of a family life
- > Autonomy and independence
- > Cost-saving
- > Simple and inexpensive
- > Good quality/price and comfort ratio

<http://www.inflexyon.com/accueil/prendre-son-français/where-to-live-also>

3

Extra Services

> Pick up service, bank, paperwork help, a place to eat and relax in the school, a multimedia library...



FRENCH CLASSES

> PEDAGOGY

1. Description of classes :

<u>A1</u>	<u>A2</u>
<ul style="list-style-type: none">- General French (common course with focus on grammar and oral practice)- Skill development workshops:- Oral- Written- Language structure- Phonetics- Vocabulary	<ul style="list-style-type: none">- General French (common course with focus on grammar and oral practice)- Skill development workshops:- Oral- Written- Language structure- Phonetics- Vocabulary

<u>B1</u>	<u>B2</u>
<ul style="list-style-type: none">- General French (common course with focus on grammar and oral practice)- Skill development workshops:- Oral- Written- Language structure- Phonetics- Vocabulary	<ul style="list-style-type: none">- General French (common course with focus on grammar and oral practice)- Skill development workshops:- Oral- Written- Language structure- Phonetics- Vocabulary- Media

<u>C1</u>
<ul style="list-style-type: none">- General French (common course with focus on grammar and oral practice)- Skill development workshops:- Oral- Written- Language structure- Phonetics- Vocabulary- Media

> It is possible to choose 30, 27, 17 or 12 lessons of class per week.

> After the 2 written tests you will be placed in a group. This placement will be confirmed during the first week of class with the oral test. Finally, according to your competencies (the difference between oral and written capacities) it can be possible to work on two levels. Regarding the formula you select, you will be able **to choose your courses**.

30 lessons / week: You follow all the courses and have 5 private lessons a week

27 lessons / week: You follow all the courses (general French in the morning and skill development workshops in the afternoon).

17 lessons / week: You follow the general French lessons in the morning.

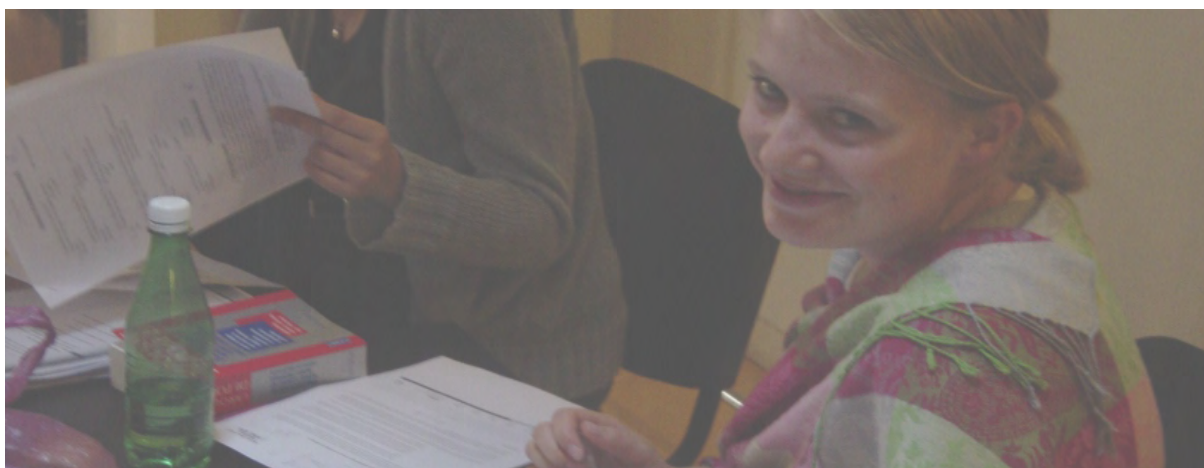
12 lessons / week : You follow the general French lessons in the morning everyday except for Wednesday.

A la carte : You chose the lessons you wish to take

> For all our groups we propose skill development workshops on the following themes : Oral and written practice, language structure, phonetics and vocabulary. For the B2 and C1 level, we also propose a media workshop.

- **General French classes are in small groups, around 15 students.**
- **Skill development workshops are in small groups** with a **maximum of 12 students** per group. Our pedagogy is based on proximity between the teacher and the student.

> Oral classes in small groups are part of our offer and **don't include extra payment**.



A1

- General French (common course with focus on grammar and oral practice) 15 lessons
- **Skill development workshops:**
- **Oral:** 4 lessons
- **Written:** 2 lessons
- **Language structure:** 1 lesson
- **Phonetics:** 1 lesson
- **Vocabulary:** 2 lessons
- **Tutoring:** 2 lessons

30 lessons/ week: You follow all the courses and have 5 private lessons a week

27 lessons/ week: You follow all the courses (general French in the morning and skill development workshops in the afternoon).

17 lessons/ week: You follow the general French lessons in the morning.

12 lessons/ week : You follow the general French lessons in the morning everyday expect for Wednesday.

A la carte : You chose the lessons you wish to take

All our classes are based on the Common European Framework of Reference for Language (CEFR).

The objectives of A1:

Speak and understand

Present our self, present a person.
Talk about our life (studies, work, family).
Talk about our passions (sports, music, leisure), express fillings and emotions.
Ask for information in a shop.
Ask for directions.
Speak about the weather.
Organize social life (take an appointment).
Speak about a past event.
Describe a person and a thing

In level A1:

- Able to understand and use familiar and daily expressions and also simple sentences to express reel needs.
- Able to present our self and a person
- Able to ask question to someone on his/her family, his/her work, where he/she lives
- Able to answer questions on our family, work and family.
- Able to understand if the person speaks slowly and clearly.

A2

- General French (common course with focus on grammar and oral practice) 15 lessons
- **Skill development workshops:**
- **Oral:** 4 lessons
- **Written:** 2 lessons
- **Language structure:** 1 lesson
- **Phonetics:** 1 lesson
- **Vocabulary:** 2 lessons
- **Tutoring:** 2 lessons

30 lessons/ week: You follow all the courses and have 5 private lessons a week

27 lessons/ week: You follow all the courses (general French in the morning and skill development workshops in the afternoon).

17 lessons/ week: You follow the general French lessons in the morning.

12 lessons/ week : You follow the general French lessons in the morning everyday expect for Wednesday.

A la carte : You chose the lessons you wish to take

All our classes are based on the Common European Framework of Reference for Language (CEFR).

The objectives in A2:

Speak and understand

Speak about friends and family.
Speak about our main interests.
Describe a person and a place.
Speak about an event (meeting someone, a souvenir).
Understand a job announce, prepare a French Curriculum.
Give advice to someone.
Speak about our city, our place of vacation.
Understand (a major part) of the newspapers and the media.
Speak about our projects, our wishes and hopes.
Express opinions and feelings (happiness, desire, agreement, disagreement, impatience, opposition, complaint, indignation, reproach...).

In level A2:

- Able to understand isolated sentences and frequently used expressions, in relation with daily life (family, friend, work, studies)
- Able to speak and understand a simple conversation, on a simple task and repeated.
- Able to explain our studies, our work
- Able to express needs

B1

- General French (common course with focus on grammar and oral practice) 15 lessons
- **Skill development workshops:**
- **Oral:** 4 lessons
- **Written:** 2 lessons
- **Language structure:** 1 lesson
- **Phonetics:** 1 lesson
- **Vocabulary:** 2 lessons
- **Tutoring:** 2 lessons

30 lessons/ week: You follow all the courses and have 5 private lessons a week

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17 lessons/ week: You follow the general French lessons in the morning.

12 lessons/ week : You follow the general French lessons in the morning everyday expect for Wednesday.

A la carte : You chose the lessons you wish to take

All our classes are based on the Common European Framework of Reference for Language (CEFR).

The objectives in B1:

Speak and understand

Ask some information on a product, a service, a job, an enrolment.
Describe a person and its attitude.
Give advice and orders.
Express feelings (concession, opposition, warn someone, forbid,...)
Speak about our past (studies, experiences, job).
Understand newspapers and the media (in a general way).
Promote an object and an idea.
Ask precise questions to someone.
Take part in a conversation (debate).
Speak and make assumption on our future.
Answer / ask information by email.
Look for a job.

In level B1:

- Understand the major part of a conversation about the work, the family, school, or leisure if the person is speaking clearly and normally.
- Able to get along during a trip to France (in a restaurant, in a hotel, in the city...)

- Able to speak quite easily and clearly on our personal life.
- Able to report an event, an experience or a desire.
- Able to explain our objectives and desires for future.
- Able to express the reasons and motivations of a project or idea

B2

- General French (common course with focus on grammar and oral practice) 15 lessons
- **Skill development workshops:**
- **Oral:** 4 lessons
- **Language structure:** 1 lesson
- **Phonetics:** 1 lesson
- **Vocabulary:** 2 lessons
- **Media :** 2 lessons
- **Tutoring:** 2 lessons

30 lessons/ week: You follow all the courses and have 5 private lessons a week

27 lessons/ week: You follow all the courses (general French in the morning and skill development workshops in the afternoon).

17 lessons/ week: You follow the general French lessons in the morning.

12 lessons/ week : You follow the general French lessons in the morning everyday expect for Wednesday.

A la carte : You chose the lessons you wish to take

All our classes are based on the Common European Framework of Reference for Language (CEFR).

The objectives in B2:

Speak and understand

Understand the major part of a radio discussion on a common subject.
 Take part in a debate on a general subject.
 Rapport a conversation in relation with our personal life.
 Speak of our interests in relation with newspaper and the media.
 Explain a situation as a witness.
 Express in a precise way our tastes (arts, history, trips,..).
 Understand the biography and narrate the life a famous person.
 Talk about the food in our country.
 Understand the weather forecast in the French media
 Discuss on environmental issues.
 Understand a document related the new and innovative technologies.
 Understand a document that treats socio-economic issues.

In level B2:

- Able to understand the major part of concrete or abstract subjects in a complex context.

- Able to understand a complex conversation in specialized field.
- Speak with a native without difficulties.
- A native can speak without making special efforts to be understood.
- Able to speak easily and give my opinion on any current subject.
- Able to point out the benefits and disadvantages of a situation.

C1

- General French (common course with focus on grammar and oral practice) 15 lessons
- **Skill development workshops:**
- **Oral:** 4 lessons
- **Language structure:** 1 lesson
- **Phonetics:** 1 lesson
- **Vocabulary:** 2 lessons
- **Media :** 2 lessons
- **Tutoring:** 2 lessons

30 lessons/ week: You follow all the courses and have 5 private lessons a week

27 lessons/ week: You follow all the courses (general French in the morning and skill development workshops in the afternoon).

17 lessons/ week: You follow the general French lessons in the morning.

12 lessons/ week : You follow the general French lessons in the morning everyday expect for Wednesday.

A la carte : You chose the lessons you wish to take

All our classes are based on the Common European Framework of Reference for Language (CEFR).

The objectives in C1:

Parler et comprendre

- Understand a radio or TV show in its integrity.
- Understand a native person speaking normally, without difficulties.
- Understand the implicit in a conversation with a native speaker.
- Understand an unstructured story.
- Understand and follow a story and a French film.
- Understand idiomatic expressions.
- Identify the language style used in a conversation.
- Understand the detail of a public speech even with bad hearing conditions.
- Understand a speech a complex subjects.

In level C1:

- Ale to describe precisely a person or an object.
- Able to express clearly and easily our opinion o any type of subject.
- Able to speak of the past, present and future without difficulties

- Able to report an event, an experience or testify a story.
- Able to take part in a debate with structured arguments.

2. ASSESSMENT AND TESTS:

1. Entry testing:

- A Placement test before your arrival.
- Grammar and vocabulary test at your arrival the first day.
- Oral test on the first week of arrival.

2. Evaluation during the course:

With the portfolios, you bring up to date your knowledge in oral production, grammar and vocabulary. It is easy for you to see your reel evolution.

3. Monthly test (free and facultative):

The school offers the possibility to take an online evaluation each month.

This test is organized and corrected by the teachers of Inflexyon. You will be tested on the program of the month, which will contain grammar, vocabulary, written comprehension and production exercises.

4. Continuous assessment:

During some classes, you will be assessed by the teacher in the form of a shot test of 5 to 10 minutes on some points viewed previously in class. The tests will be corrected right after with the students, during the class.

5. At the end of the course:

If you wish, it will be possible to pass a final test in the form of a multiple-choice questionnaire. This test will be based on the grammar and lexical difficulties in the different levels. You will also be asked to write a short text of your level.

All these assessments will be useful to settle your final course certificate (*Attestation de fin d'étude*).

2 **ACCOMMODATION**

- Various options adapted to your needs and financial resources
- Inflexon takes care of finding your accommodation before your arrival in France.
- Administrative help during your whole stay

> **Many benefits:**

- Negotiated price with our partners
- Accommodation provider working hand in hand with Inflexyon : efficient communication and quick problem solving.

> **Various lodging options:**

- In a private student residences
- In university campus
- In host families
- In hotel residences



3

EXTRA SERVICES



- > **Pick up at the train station or at the airport**
- > **Cultural visits and excursions**
- > **Personalized aid for administrative paperwork**
- > **Bank**
- > **Various multimedia services**
- > **Place to eat, to rest and to discuss people**
- > **Computer room**
- >



Preparing your arrival and enrolment

1. Visa :



Campus France local offices settled in the foreign countries are here to help you prepare your trip to France. On the Website www.campusfrance.org you will see where to find campus France offices in your country but also many information regarding visa procedures or general information for foreign students coming to France (accommodation, educational system, cost of life, medical care...)

a) Visa exemption:

If you are a citizen of the European Economic Space (composed of the 27 EU member states, Liechtenstein, Norway and Island) and Switzerland: you are exempted from Visa and free to enter and remain in France without restriction. You only need a to have a valid passport or identity card.

For more information:

http://www.rhone.pref.gouv.fr/automne_modules_files/standard/public/p94_978e4f8a47e507a74cfe2c20264b261aEtudiants_etrangers_etudiants_EEE_aout_2008.pdf

b) Short term student visa:

If you wish to come to France to study for a period not exceeding three months you will then ask for a short term visa also called « visa Schengen ». Holders of the visa are not required to apply for a separate residency permit. The visa is valid for the 25 countries of the Schengen Area. Provided their visa is marked "MULT" (for multiple entries), holders may move freely within the area.

Under no circumstances is it possible to renew a short-term visa in France or in any other country of the European Union.

c) Long term student visa (VLS-TS):

- **Temporary extended-stay visa for study or research**

This visa permits the holder to study, teach, or perform research for three to six months in a public or private institution of higher education.

It is not renewable under any circumstances. The holder of the visa is not required to obtain a separate residency permit.

Note: This single-entry visa is valid only in France. Visa holders are not permitted to travel beyond French borders, except when in transit.

- **Combined extended-stay study visa and residency permit (VLS-TS)**

This new visa is designed for foreign students (graduate scholars and scientists are not eligible) who intend to study in a public or private institution of higher education in France for more than six months. The visa also serves as a residency permit. *Inflexyon is registered as private institution of higher education.*

Effective June 1, 2009, holders of this type of visa are no longer required to visit the local prefecture of police to obtain a renewable residency permit.

On the other hand, holders of the VLS-TS visa must report to the OFII, the French office for immigration and naturalization, and full fill several requirements.

In particular, upon their arrival in France, they must send to OFII by registered mail (with acknowledgment of receipt - "Lettre Recommandée avec accusé de réception"):

- the OFII certification form that they received from the official who granted their visa
- a copy of the pages of their passport bearing their identity data and the stamp signifying entry into France or another country of the Schengen Area.

OFII will then schedule the student for a medical examination and possibly also an orientation session.

You must come to the session with:

- Your passport
- Proof of address in France
- Photo
- If need be, a proof of medical examination in your country

In all cases, a fee of €55 is charged.

After what you will be authorized to stay in France. In case of non respect of deadlines you will be assigned to return in your country and start a demand for visa.

For more information:

<http://www.rhone.pref.gouv.fr/web/12-sejour-des-etrangers.php>

<http://www.rhone.pref.gouv.fr/web/94-etudiants.php>

d) If you are Algerian:

Algerian students will continue with the specific agreement and are not concerned by the VLS-TS visa. You need to ask for a student long term visa and at your arrival in France you will have to settle your « carte de séjour » at the Rhône prefecture.

→ contact of the Préfecture: "Direction de la Réglementation, sous-direction des Etrangers".

"Section d'accueil des étudiants et chercheurs étrangers":

[12 rue des Cuirassiers](#)

LYON, 3ème (metro Part-Dieu)

From 9 am to 1 pm

Be careful, only complete files are accepted (original document + photocopies)

e) If you are a minor:

You need to ask for a « visa for minor studying in France ». This visa requires to the delivery of a residence permit at the arrival in France at the *prefecture* of Lyon.

f) Enrolment in two institutions, one after the other:

If you wish to follow two different training courses, in two different institutions, like for example one course at a French learning school and then at the university, you need to register in both institutions before asking for visa. Thus the visa will be delivered for the whole duration of the two courses as the duration of the visa cannot be changed in France.

We recommend to start the visa application as soon as possible, at least two months before the beginning of the course.

2. Enrolment procedure:

>> Enrolment in 4 steps:

1. Fill in the online or downloadable registration document and sent it back to Inflexyon administration. Make sure you use a valid email address. *
2. You will receive by mail all the information concerning the rules and procedures of the deposit.
3. After receiving your deposit, we will sent you proof of registration allowing you (according to your nationality) to make a visa request to the nearest French consulate of your region. We will also start the accommodation search.
4. When you arrive in France, you will come to school to finalize your payment and we will give you a final proof of registration and an total invoice.



* If you don't need a visa you can enrol in one step by paying only once (before arriving or at your arrival, through Internet or directly at the school).

> 1st step :

A pre-inscription is necessary in most cases especially to obtain the student visa.

To proceed with the pre-inscription you have different options:

- Apply directly via the school's website www.inflexyon.com on the page "Register now";
- Downloading the "fiche étudiant" directly from this welcome booklet and sending it back to us in a printed version by normal postal mail or email (previously scanned).

You can also come directly to Inflexyon to pre-register or register for the course. No appointment needs to be organized in advance; you are welcome to come anytime during the school's opening hours, from 8h30 to 21h from Monday to Friday.

As soon as we receive your application request we sent you a confirmation of registration request called *Confirmation de Demande d'Inscription* (CDI). On this document you will see all the information you provided to us: name, address, formula chosen, dates, duration of the course. This document will also indicated the total amount of the course and the amount of the deposit to pay (30% of the total amount) by bank transfer, credit card, international check or cash. If you choose bank transfer, the bank data of Inflexyon is indicated on the document. The deposit you will pay will be deducted from the rest of the amount due.

> 2nd step:

The pre-inscription will be confirmed once we receive the deposit. Inflexyon will officially confirm your inscription by sending you a *Certificate of pre-inscription* by email and/or postal mail. This is an official document that you will need to give to the French embassy for the visa process.

If you wish help with your accommodation, at this moment Inflexyon will start looking for accommodation answering to your expectations.

> 3rd step:

One week before your arrival in France, you will receive by email a first French test. You must fill in the questionnaire on the first page and the French test and sent them back to us as soon as possible, maximum two working days before your arrival. In you have chosen the accommodation service of Inflexyon, we will sent you the final information at this moment (address of stay, full description, directions to get to the place...)

* If you don't need a visa you can enrol in one step by paying only once (before arriving or at your arrival, through Internet or directly at the school).

> 4th step:

Upon arrival at Inflexyon our reception team will welcome you with a first day reunion and a visit of the school. You will pass two other tests, one written test and oral test. After what our educational team will define your group level and will hand you out your schedule.

The rest of the course amount must be paid the first week of your arrival. It is possible to pay with:

- French check
- Cash
- Bank transfer
- Credit Card
- Postal mandate

Once the course is paid, you will be delivered a final *Certificate of Inscription* and the invoice for the payment of the course. This welcoming guide and other tourism documents and guides will be given to you.

You must keep in mind that our team is here to guide you with the paperwork before and after you arrival at Inflexyon. It is a personalized and service of high quality, so don't hesitate to contact us whenever you have questions or difficulties with paperwork, we will be willing to answer your requests as soon as possible.

GENERAL TERMS AND CONDITIONS OF SALE

These following terms and conditions of sale apply to all legal operations between the parties involved with the present contract. They take place in addition to the Rules of Procedure and the Rules of School life given to the student on the day of his arrival. They are subject to change, which are applicable only to registrations post modification.

Any enrollment to a course at Inflexyon implies unconditional acceptance of these terms of sale.

Inflexyon

Inflexyon is a Private Institution of Higher Education, Certificate No. 70 dated 17th of October 2008 , in accordance with Articles L731 -3 and L731 -4 of the Education Code . Its RAMSESE Directory of Education establishment number is : 0694114X .

As an institution open to the public of R- Type Category 5e (Group 2), it is in full compliance with the rules of safety associated with its activity.

REGISTRATION:

Pre-registration is formalized by a filled application form (validated by our confirmation document) and by the payment of a deposit. You can register by Internet, by mail using the registration form in the student booklet or directly at school.

Registration shall become effective upon payment of the full tuition at the latest on the first day of class.

Specific rules apply to "au pair " students. They are asked to settle the first two months of their course and registration fees and it is left to them to settle their monthly tuition

with a month anticipation or, to deposit the checks covering all the months of class at Inflexyon. Any student under the age of 18 must join a parental permission to their registration form, discharging Inflexyon of any liability.

ADMISSION & ORGANIZATION OF THE COURSE:

Students can start the course whenever they want, excepting for complete beginners and

A1 levels who must respect the monthly starting dates of sessions presented on

Inflexyon's website and student booklet. The same rule applies to students who require accommodation; they cannot be admitted outside their registration dates. A 48H tolerance is granted for arrival and departure. However, we strongly advise all students to follow the Inflexyon course dates as much as possible. Failure to comply with these dates may imply teaching and logistical complications that are the responsibility of the student.

Three placement tests are made between the pre-registration and the first day of classes. These tests are written but an oral test will be organized if judged necessary.

The minimum number to maintain a collective course is 3 students. A course with less than 3 students will be considered as a private course and reduces the courses time-credit remaining. One private lesson consumes two group lessons.

The school will be closed on public holidays. If no activity is offered that day, a special rate will be offered to students registered for less than 6 weeks.

RATES:

The rates for our programs are net prices and include:

- Educational expenses,
- The provision of specific equipment.

They do not include textbooks or additional activities such as excursions, or the costs incurred by educational activities such as cultural visits (Museums entry tickets, bus, metro...).

Transaction fees, accommodation and pick-up lead to a specific rate. The registration and accommodation fees are not refundable.

The registration fee opens rights to all Inflexyon students benefits: DVD library and library, access to the school foyer and facilities, free Wi-Fi in the entire school, assistance for all administrative issues and general assistance in the students' daily lives, private tuition at preferential rates, professors counseling outside of class.

PAYMENT:

You can pay either in cash or by check, international Cheque in Euros, or by Credit Card, or by bank transfer in euros on our account. The bank account references are listed in our disclosure documents (a legible photocopy of the transfer order can be sent). Please note that any bank charges on transfers or checks are your responsibility and that the use of the credit card generates a 1 % fee of the total amount paid by this mean.

CANCELLATION, MODIFICATION AND REPORT – ABSENCE OR DISCONTINUATION OF AN ONGOING COURSE:

After the legal withdrawal period, there is no possible refund excluding the situations described below. Every session started is due.

- Cancellation before the course starts: we will refund the full payment except registration and housing search fees if cancellation takes place more than a month before classes start.

We keep 50% the deposit if cancellation takes place over 15 days and the entire deposit if it occurs less than 15 days before the start of the course (except for applications made within a shorter time frame). In the case of a request for accommodation reservation, if the cancellation is made 15 days or less prior to arrival, the equivalent of one month's rent will be deducted from the refund.

Finally, in the case of a student who has applied for a student visa, no refund may be issued except in the case of an administrative denial of Visa, justified by an official document of the Embassy or Consulate.

Similarly, if the student does not attend the course, or does not regularly attend classes or decides without much justification to leave the school,

no refund will be possible and Inflexyon will be obliged to report this absence to the Prefecture.

In addition, the student who registers at Inflexyon and requires a visa, acknowledges being informed beforehand of the conditions for issuing different visas and the obligation related to entering France (both on financial and medical aspects but also on the necessary insurance). No refund will be issued due to a failure of the student to comply with the procedural obligations.

- After the start of the course: no refund can be made, except in cases of "force majeure" (medical reason proved by a certificate translated by a sworn translator, list of sworn translators in Lyon are available on request), professional or education obligations are not included as cases of force majeure. In a case of force majeure, 10% of the remaining courses price will be kept as cancellation fees. All session started is due entirely.

If the refund is not accepted, remedial course alternatives may be considered on a case by case basis at the request of the student.

- Attendance is the first student engagement, his or her absence does not give right to a refund. However in the context of a student with a long-stay visa (6 months) it is possible to be granted two holiday periods of two consecutive weeks. A new date of completion of the course will be established if the request is made after the start of classes, otherwise it will be included in the original registration certificate dates. For students who do not require a long-term visa they are able to plan holidays as the course price is calculated on the number of weeks taken. If the student wishes to retain his or her accommodation during their absence, rent must be paid.

- Students may postpone their course once before the start of it if Inflexyon is informed more than 15 days before the start of the course. This report must be justified and requested in writing, and cannot be postponed more than six months after the initial date of registration. The student visa applicant must start the procedures with the Embassy at least one month before the desired departure dates, no report can be accepted for visa reception delays - if the student did not organize the trip properly, nor respect the pace imposed by this type of procedure.

- No other type of course transfer will be accepted, except in cases of "force majeure" (justified medical reasons as stated above). Classes missed by Au Pair students due to family obligations can be made up either after or before the expected absence but still within the maximum period of registration. Indeed taking a French course is a legal requirement for the Au Pair status. With this exception, which entitles to preferential rates, Au Pair students have the same rights and obligations as other students.

- A student may change his registration if desired, to a higher registration in time and budget than the initial registration.

- Courses may in no case be transferred to another student.

- Inflexyon reserves the right to cancel a course. Participants will be informed as soon as possible and will be fully reimbursed.

INSURANCE:

Inflexyon agrees with the various insurances required by its activities.

The health, accident and liability insurances are the responsibility of the student who must contract a personal insurance covering travel and accommodation risks. Information on the different types of insurance are available at the school administration office.

CERTIFICATION COURSE:

An certificate of studies mentioning the title of the course, its start and end date as well as the level reached by the student according to the CEFR and detailing the grades for the five main skills, is issued at the end of training on request and if the student was present at least 70 % of its courses. This certificate contains the students' individual marks (part of which depend on the students' achievement of the monthly assessments) and attendance.

DISCIPLINE

In case of inappropriate behavior of the student, breach of the Terms of Sales or the School life Rules, Inflexyon reserves the right to discontinue his tuition without notice and without refund.

ACCOMMODATION

At their request, Inflexyon help students in their search for housing and all procedures relating to accommodation (Certificate, benefits if eligible, etc.). Inflexyon is an intermediate and cannot be held responsible for any inconvenience encountered in this area. We try to answer the students' housing wishes but without any obligation of result. To the extent possible, the student must arrive on a Saturday and leave on a Friday or Sunday for a Saturday depending on the type of housing desired.

After his arrival, if the student is not satisfied with the accommodation and if dissatisfaction is based on real and substantial grounds it may be changed at no extra cost after a period of one month for students who are registered for two months minimum. A student who wishes to extend his stay in an accommodation must request it one month in advance, and in any case the extension may not exceed the duration of his registration at Inflexyon. A search for housing generates accommodation search fees charged only if Inflexyon finds the student's accommodation.

THE RIGHT OF ACCESS TO COMPUTER FILES & IMAGE RIGHTS

According to Article 27 of the 78.17 law called Data Protection and Freedom of Information Law, the information given to us can be used according to our needs.

A right to access and modification is granted by contacting the head of the school.

Inflexyon may have to take pictures of the students and use them to illustrate brochures, advertisement, or its website, unless specified otherwise by the student. Students must inform us of their disagreement in writing at the time of their registration.

DISPUTES / COMPLAINTS:

Only the head of the school has the authority in the decision to refund or recover courses not taken. However, the student has a complaint form for all aspects of his schooling in his home in the student booklet. This form can be given directly to the administration office or more anonymously in a dedicated box in the foyer. A receipt of the claim signed by the management will be given to the student at his request.

All registrations constitute acceptance of these general terms and conditions of sale. If Disputes occur; only the courts of Lyon are competent.

**APPLICATION FORM:**

NAME:

Forename:

Nationality:

Date of birth:

Address in France:

Address in country of origin:

Telephone:

Email:

YOUR INSCRIPTION:

☐ 30 leçons ☐ 27 leçons ☐ 17 leçons ☐ AU PAIR ☐ Etudiants université / conservatoire

other (specify): _____

date of your arrival: _____

Duration of the course: _____

PAYMENT:

☐ Check ☐ International check ☐ Bank transfer
☐ Cash ☐ Credit card (cost 1%)

ACCOMMODATION:

- ☐ In host family (only the room)
☐ In host family (half board)
☐ In host family (no preference)
☐ In a university campus
☐ In a student residence (single room)
☐ In a student residence (in a private studio)
☐ In a student residence (no preference)
☐ In a shared apartment
☐ No accommodation service needed

- ☐ I took knowledge of the administrative requirements for my inscription
☐ I have read and I accept the general terms and conditions of sale

Done in:

on the:

Signature:

Life at Inflexyon and in Lyon!



Life at Inflexyon:

For Inflexyon, the wellbeing of our students and their involvement in French life are key elements for their success. That is why Inflexyon offers a whole set of services to make your stay in France and at Inflexyon even more comfortable and enjoyable!

1. Some rules to know:

- **Welcoming on the first day:**

You will be informed of your expected time of arrival one week before your first day, once your level assessment test has been corrected.

You will pass a second French test according to which you will be placed in the correct group level. You will also pass an oral test during this first week to clearly define your final placement.

During the first day we will also give you your schedule, organize a welcoming meeting and make you visit the school.

- **Portfolio which describe and explain the pedagogic program:**

This portfolio will be given on the first day. It is a presentation of the pedagogic program of the month (in grammar, vocabulary,...) and it also contains an self-assessment.

- **Pedagogic material:**

You don't need to buy books. The teacher will provide you all the pedagogic material necessary for the class.

- **Attendance:**

Class attendance is compulsory as it is expressed in the general terms and conditions of sale.

In case of unjustified absences, Inflexyon is in its right to cancel your enrolment the following month.

In case of justified absences, it will be possible to collect all the documents of the missed classes at the administration office..

- **School rule:**

Please refer to the general terms and conditions of sale mentioned above. Furthermore, upon arrival you will be given a small guide and presentation of school, which also contains a map of the school, security procedures, a claiming form and a satisfaction survey.

- **Assessment:**

A free and online assessment is proposed each month.

This assessment will enable us to grade your work and follow your progression. It is also possible to do a final test at the end of the course.

- **End of course certificate :**

A detailed certificate (results, number of lessons followed, CEFR level reached) will be given to the student at the end of their course. You need to ask for the certificate and the pedagogic team will prepare it for you.

- **Communication :**

Inflexyon is open from 8.45 am to 9 pm, from Monday to Friday.

The administration office is open from 9.00 am to 5.00 pm, from Monday to Friday.

You can contact Inflexyon by telephone at: + 33(0)4 78 39 77 02 (Fax : +33(0)4 78 27 44 63)

By email:

- The administration office: contact@inflexyon.com

- The Director: arnaud.duquesne@inflexyon.com

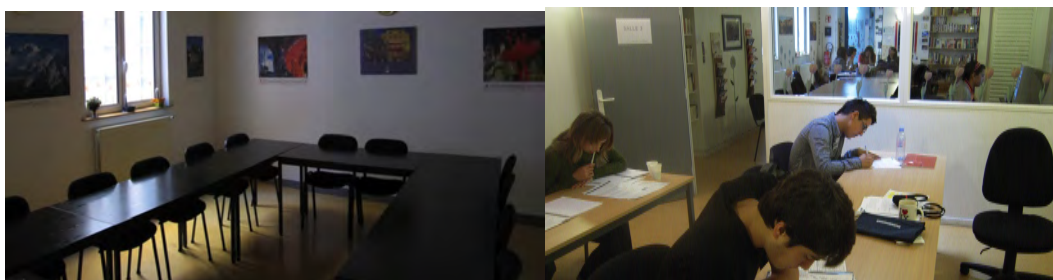
- The pedagogic Director: adrien.bablet@inflexyon.com

[Skype](#) : «inflexyon »

Inflexyon also has a [Facebook](#) account, which gives the possibility to our students to communicate with each other, for example exchange with former students of Inflexyon to get their feedback.

Inflexyon as developed an original concept with it « suggestion box ». This box is here for you to express yourself and communicate with the school in a different way. You can write down any suggestions you have and drop in the box. This box is also here to receive you possible claims, for that, you just need to fill in the claiming form which can be found in your student guide.

2. Services :



> The « foyer »:

In order to create a friendly atmosphere and favour the exchange between students, Inflexyon set up of a “foyer”, a cosy area where you can eat, drink a coffee, study, talk, surf on the net. In the “Foyer” you will have access to microwaves, refrigerator, cold and hot drinks dispensers, a PC, a printer and WIFI connection.

The foyer is also a reading space where you can find a large number of magazines.

> DVDs and books:

You have at your disposal in the foyer a large number of DVD movies and books can borrow whenever you want (20 euros deposit).

> Classrooms:

Classrooms are at your disposal even where there is no class thus you can study in a calm place. However, these rooms are only used for studying and are not a place for eating.

> Language lab:

The foyer is equipped with a number of computers used for the language lab sessions.

> Studying and visioning room:

A room is specially dedicated to study and eventually watch television.

> Student card:

Each student will be given a student card after the inscription is finalized. This card is personal (with your name) and will give you some benefits such as student discounts on public transportation, museums...In order to have the card done you need to bring a photo to the administration office.

> Bank service:

It is useful and in many cases necessary to open a French bank account. Thanks to our partnership with the bank BNP Paribas agency located in OPERA (very close to school), we help you organize your first appointment by calling the bank and providing you with the necessary papers:

- Certificate of inscription at Inflexyon
- Proof of address (provided by Inflexyon if you took the accommodation service)
- Photocopy of passport

The unique bank counsellor in charge of all the students from Inflexyon will receive you in the best conditions.

Take into account that the bank can insure housing and bank services are free of charge on the first year.

> Pick-up service:

Pick up from the airport or train station to the accommodation place is possible and organized by Inflexyon. The cost is 50 euros from the train station (Part Dieu or Perrache) and 100 euros for a pick up at Lyon's airport.

> Administrative assistance:

Provide help with the various administrative paper is part of our missions whether it is documents of Inflexyon or other types of administrative documents (CAF, requirment procedures for entering universities, electricity, Internet opening contracts...). Don't hesitate to come in the office to ask for some help.

Furthermore, the school will be able to help you in case of medical problem by contacting a doctor for you or advising you on some medical specialists to contact.

> Information on housing and accommodation :

Inflexyon has strong partnerships with host families and students residences. The accommodation providers we work with are carefully selected and we provide detailed information before your arrival.

Inflexyon works with two major students residences :

If you wish to find your own accommodation, here are some useful links:

- **Auberge de jeunesse du vieux Lyon :**

<http://www.fuaj.net/homepage/Lyon/index.html>

41-45 montée du chemin neuf

69005 Lyon

Tel : 04 78 15 05 50

- **Auberge de Jeunesse le TOTEM :**

http://www.habitatjeune.org/habitat_jeune_totem.html

90, cours Tolstoï 69100 Villeurbanne

Tel: 04 72 65 19 19

totem@habitatjeune.org

- **L'escale lyonnaise :**

www.escale-lyonnaise.org

11, rue Bossuet 69455 Lyon Cedex 06

Tel: 04 72 83 06 60

E-mail : contact@escale-lyonnaise.org

If you are looking for a shared apartment or temporary lodging, here are some interesting Websites:

- www.adele.org
- www.vivastreet.fr
- www.lyoncampus.org: Lyon's major student guide.
- www.appartager.com
- www.colocation.fr
- www.recherche-colocation.com

> **Where can you eat:**

Inflexyon's foyer is equipped with microwaves refrigerator, tables, chairs... You will find around the school many restaurants, snacks and supermarkets to buy some food. There are also many university restaurants in the city. These cafeterias are reserved to students, *you can access with your Inflexyon student card*. They offer complete meal at very affordable prices. These university restaurants are listed down bellow in the section « Life in Lyon».

> Cultural activities:

Twice a month, the school organises cultural visits and activities in Lyon.

Those visits take place on thursday afternoon, from 4 pm to 6 pm. The details of the visits are edited a week before on Inflexyon's Facebook and on the board in the Foyer and the hall. Depending on the number of participants Inflexyon organises some excursions in the region.



Cultural Visits			Cultural activity of the month	Contest of the month: The best ...
Month	Day	Visit		
January	9	Balade « Croix-Rousse »	Galette des rois	Good resolutions letter
	30	Musée Gadagne		
February	6	Halles Paul Bocuse	Chandeleur	Valentine's day love letter
	13	Musée de la Résistance		
March	6	Musée des beaux arts	CARNAVAL	Photo of Lyon
	13	Balade « vues sur Lyon »		
April	3	Musée Gallo-romain	Prank day	April's fool's day
	10	Ballade Parc des Hauteurs et Fourvière		
May	1	Musée Lumière	Internationale day	Poetry
	8	Visite/Balade de la Presqu'île		
June	5	Musée d'art contemporain	Fête de la musique	Remake of a song
	12	Visite du Vieux Lyon		
July	3	Musée Gadagne	Summer party & pique nique 14th	pique-nique dish
	10	Pétanque		
August	7	Balade « vues sur Lyon »	Summer party	Pétanque team
	14	Pétanque		
September	4	Musée de l'imprimerie	Talent day	Photo
	11	Balade/visite Croix-Rousse		
October	2	Musée Lumière	HALLOWEEN	Dress up
	9	Visite des murs peints Tony Garnier		
November	6	Halles Paul Bocuse	Beaujolais nouveau	Caricature of France (all possible forms)
	13	Musée des Miniatures et Cinéma		
December	4	Fête des Lumières	FETE DE NOEL	Letter to Santa
	11	Marché de Noël		

> Recycling:

Let's respect the planet!

Inflexyon favours green attitudes and has implemented a waste selection for recycling purpose.

Please be respectful of the environment and cooperate by selecting your wastes in correct trash containers.

- Paper container
- Cans and plastic bottles container
- Container for all the rest of the wastes



In the classrooms there are only paper containers

Bank account and home insurance

To improve your conditions in France, Inflexyon created a partnership with BNP Paribas, which facilitates the opening of a bank account in France for our students.

Opening an account can be performed upon reception of the visa, even before arriving in Lyon!

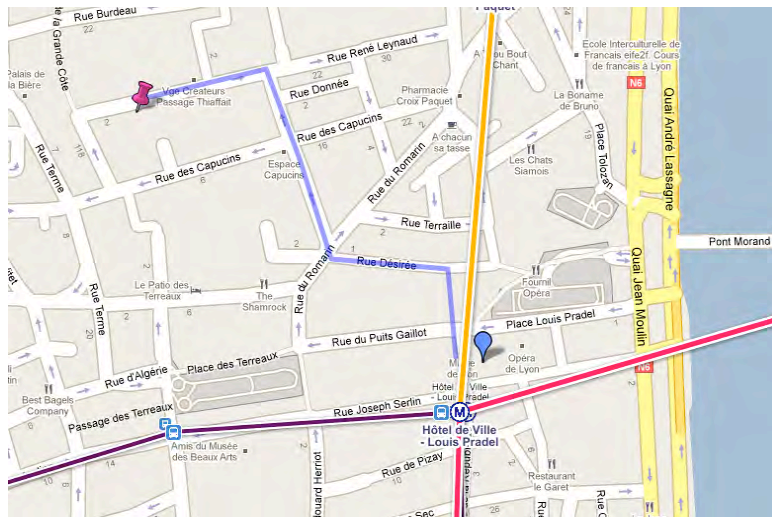


Ask the administration office to organize an appointment for you.

The BNP Paribas agency is 5 minutes walk away from school.

3. How to come to Inflexyon ?

Inflexyon – French school, cultural center
1st & 2nd floor, 10 RUE RENÉ LEYNAUD 69001 Lyon France



➤ Public transportations near school:

-
- Metro, line A and C: **HÔTEL DE VILLE – Louis Pradel**
- Buses : C3, C5, C13, C14, C18, 9, 19, S1, S12, 171: **HÔTEL DE VILLE**



Thanks to the Inflexyon student card, you can enjoy student rates for your transport pass* "carte Técély."

Ask your student card to the Inflexyon administration and go to TCL near school.

* The student rate is available to students under 28 years old



Hôtel de Ville (5 rue de la République Lyon)

Lundi à vendredi : de 7h30 à 19h

Samedi : de 9h à 18h

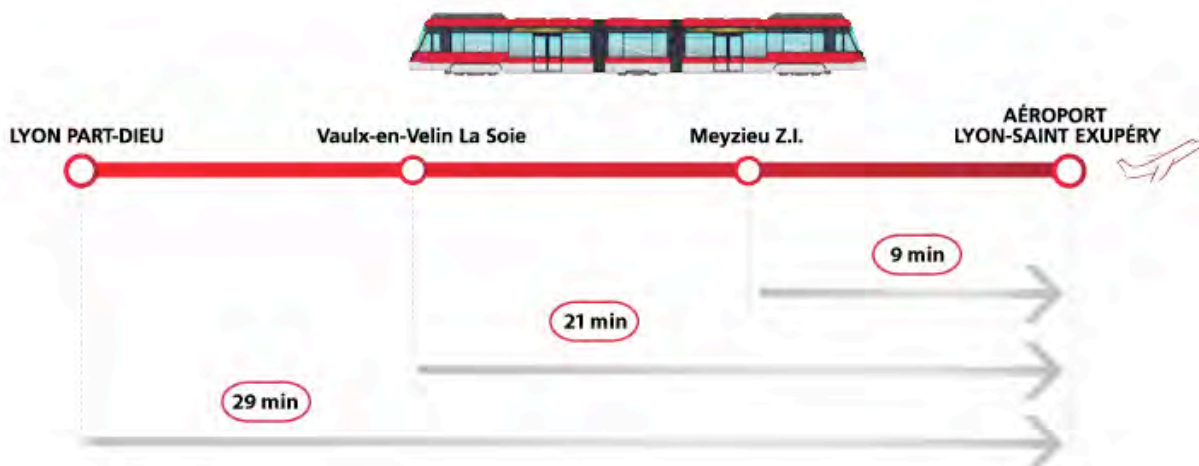
> From Lyon's airport - Saint Exupéry:



Take the tram called «Rhône Express » - a special service that connects the airport to the city center every 20 minutes-

Don't forget to buy your ticket before entering the tram. The ticket counter is located at the entry between terminal 1 and 2.

Get off the bus at the stop « **Lyon Part-Dieu** ». The stop is just in front of the train station « Lyon Part-Dieu ».



	- 12 years old	12-25 years old	+ 25 years old	Online fares for + 25 years old (1)
Single Ticket	Free	<u>13 €</u>	<u>15,70 €</u>	<u>14,50 €</u>
Return Ticket (2)	Free	<u>23 €</u>	<u>27,20 €</u>	<u>25,50 €</u>
10 Trips Ticket (2)		<u>127 €</u>	<u>127 €</u>	
6 Hours Return ticket (3)		<u>17 €</u>	<u>17 €</u>	

(1) There must be at least 45 minutes between the purchasing of the E-ticket and its validation aboard Rhônexpress

(2) To use in the next 12 months following the delivery of the ticket

(3) Return must be validated within 6 hours after the go trip.

If you buy your ticket aboard Rhônexpress, an additionnal charge of 1 € is applied by transaction regardless the number of tickets (based on ticket machines fares).

For more information on times, directions, stops:

Directions: <http://www.satobus.com/fr/itineraire.html>

Time slots: <http://www.satobus.com/doc/horaires-satobus.pdf>

> **From the train station « Lyon Part-Dieu »:**

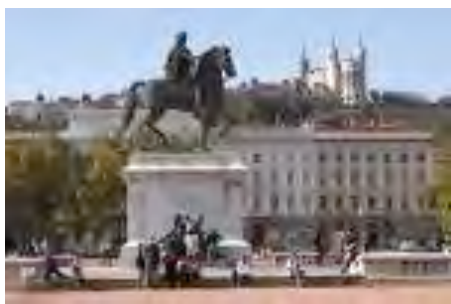


Take **bus line « C13 »** going to de Gare Saint Paul.
Stop at the 8th bus stop « **Terreaux** »(about 15 minutes).
Then walk to the school: around 7 minutes walking.
Address: 10 rue René Leynaud 69001 Lyon

> **From the train station « Perrache »:**

Take the **metro line A** going to Vaulx-en-Velin La Soie.
Stop at the 4th stop « **Hôtel de ville – Louis Pradel** »(about 4-5 minutes long).
Then walk the school (7 minutes walking)
Address -: 10 rue René Leynaud 69001 Lyon

> **From « Bellecour »:**



Take **metro line A** going to Vaulx-en-Velin La Soie.
Stop at the 2nd stop « **Hôtel de ville – Louis Pradel** »(around 3 minutes long).
Then walk the school (7 minutes walking)
Address: 10 rue René Leynaud 69001 Lyon

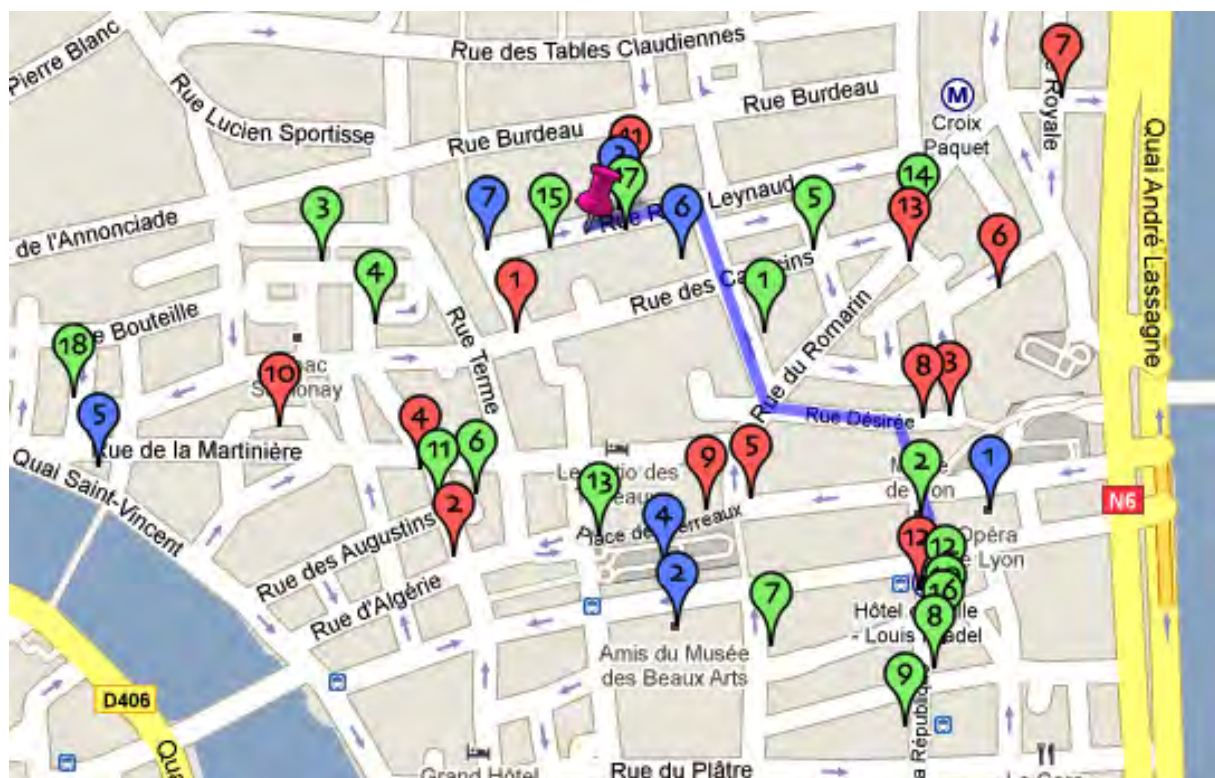
Map of the metro lines: http://www.tcl.fr/index.asp?page=plan_reseau

Price of the metro/bus/trolley Tickets (same tickets):

- Unit price: € 1.70
- Book of 10 tickets: € 15.10(normal price), € 13.30 (student discount)

You can buy the ticket in the bus or at the automatic dispensers inside the metro and trolley stations. It is possible to pay in cash or with credit card (no credit card in the bus)

4. Around the school:



Visit also our full map of the important places in the city:

<http://maps.google.com/maps/ms?hl=en&ie=UTF8&msa=0&msid=102252329202368109333.00047f8ef9c4fc733d89b&ll=45.763392,4.838362&spn=0.018831,0.043302&t=h&z=15&lcI=transit>

Caption of the map bellow:

Red → food and restaurants

Green → social

Blue → culture

- **Sandwiches:**

Le café Mokxa ; 3 r Rozier, 69001 LYON

1- The kebagologue : 130 Montée de la Grande Côte 69001 LYON

2 -Best Bagels : 1 place Tobie Robatel 69001 Lyon. Tel : 04 78 27 65 61
<http://www.bestbagels.fr/>

- **Boulangeries :**

3 - Le Fournil Opéra : 15 place Louis Pradel 69001 Lyon.

4 - Boulangerie de la Martinière : 24 rue de la Martinière, 69001 Lyon.

- **Restaurants/brasseries :**

5 - Restaurant Le Moulin Joli : 1 Rue Puits-Gaillot 69001 Lyon.
Tel : 04 78 28 07 93

6 - Restaurant Les Chats Siamoises : 4 Petite rue des Feuillants 69001 Lyon.
Tel : 04 78 39 34 72 <http://www.leschatssiamoises.com/>

7- Le cuisinier 108 Montée de la Grande Côte, 69001 Lyon 1ER, France
+33 9 81 17 72 41

Restaurant L'ourson qui boit : 23 rue Royale 69001 Lyon.
Tel : 04 78 27 23 37

8 - Brasserie des Arcades : 15 place Louis Pradel 69001 Lyon

9 - Brasserie 3 rivières : Place des Terreaux, 69001 Lyon.
Tel : 04 78 28 42 20

- **La halle de la Martinière:** Rue de la Martinière 69001 Lyon

10 - It is a typical market place where you can buy regional food (cheese, meat, wine, pastries...)

- **Café et Salon de thé:**

11 - Café Cousu : Passage Thiaffait, 19 rue René Leynaud 69001 Lyon.
<http://cafecousu.lookreflex.com/>

12 - Starbucks Coffee : 2 rue de la République 69001 Lyon.

13 - A chacun sa tasse : 2 rue du Griffon 69001 Lyon.
<http://www.achacunsatasse.com/>

- **Library:**

1 - Bibliothèque du 1er arrondissement :
<http://www.bm-lyon.fr/pratique/bibliotheques/bib1.htm#>
7 rue Saint Polycarpe (1er étage) 69001 Lyon
Tel : 04 78 27 45 55
Contact : bib1@bm-lyon.fr

- **Town halls:**

2 - Hôtel de ville de Lyon : 1 Place de la Comédie 69001 Lyon.

Tel : 04 72 10 30 30 <http://www.lyon.fr/>

3 - Mairie du 1er arrondissement : 2 place Sathonay 69001 Lyon.

Tel : 04 72 98 54 04

- **Police:**

4 - Commissariat du 1er arrondissement : 5 place Sathonay 69001 Lyon

5 - Poste de police municipale Lyon 1er : 23 rue des capucins 69001 Lyon

- **Post Office:**

6 - Bureau de poste Lyon La Martinière : 9 place Tobie Robatel 69001 Lyon.

Tel : 04 72 98 05 60

7 - Bureau de poste Lyon Terreaux : 3 rue Président Edouard Herriot 69001 Lyon.

Tel : 04 72 00 58 34

- **Banks:**

8 - BNP PARIBAS Agence LYON OPÉRA : 5 rue de la république 69001 LYON

Tel : 04 72 98 24 33

9 - SOCIÉTÉ GÉNÉRALE Agence LYON RÉPUBLIQUE : 6, rue de la République 69001 Lyon.

Tel : 04 72 00 57 00

10 - AOC Change : 3 rue de la République 69001 Lyon

- **Pharmacies:**

<http://www.adresse-pharmacie.fr/lyon-01-69001/>

11 - Pharmacie de la Martinière : 3 place Tobie Robatel 69001 Lyon.

Tel : 04 78 28 45 50

12 - Pharmacie de l'Opéra : 3 rue République 69001 Lyon.

Tel : 04 78 28 35 61

13 - Pharmacie Des Terreaux : 9 place Terreaux 69001 Lyon.

Tel : 04 78 28 11 91

14 - Pharmacie Croix Paquet : 1 place Croix Paquet 69001 Lyon.

Tel : 04 78 28 19 76

15 - Docteur FHIMA : 6 rue René Leynaud, 69001 Lyon

Tel : 04 72 07 77 98

- **TCL (Public transportation company):**

16 - TCL Agency at Hôtel de Ville : 5 rue de la République 69001 Lyon .

Tel : 0820 42 7000

- **Hotels:**

17 - « Nos Chambres en Ville - Chambres d'hôtes à Lyon »

Mme Karine SIGISCAR - 12, rue René Leynaud 69001 Lyon

Tel : +33 (0)4 78 27 22 30 –

Tel mobile : +33 (0)6 60 11 32 57

<http://chambres-a-lyon.com/>

18 - Hôtel Saint Vincent – 9, rue Pareille 69001 Lyon.

Tel : +33 (0)4 78 27 22 56 –

<http://www.hotel-saintvincent.com/index.html>

- **Opera:**

1- Opéra de Lyon : 1 place de la Comédie 69001 Lyon. Tel : 0826 305 325

<http://www.opera-lyon.com/>

- **Museum:**

2 - Musée des Beaux Arts de Lyon : 20 place des Terreaux 69001 Lyon.

Tel: 04 72 10 17 40

<http://www.mba-lyon.fr/mba/>

- **Fashion:**

3 - Le Village des Créateurs : Passage Thiaffait , 19 rue René Leynaud 69001 Lyon

<http://www.villagedescreateurs.com/fr/accueil.html>

- **Place des Terreaux:**

4-

http://www.culture.lyon.fr/culture/sections/fr/patrimoine__histoire/lyon/entite?entiteId=3345

- **Lyon's painted walls:**

5 - La fresque des Lyonnais

La bibliothèque de la cité :



More information:

http://www.lyon.fr/vdl/sections/fr/decouverte/patrimoine/itineraire_murs_peints/

- « Traboules » of Lyon:



6 - Traboules (from Latin transambulare via vulgar Latin trabulare meaning "to cross") are a type of passageway primarily associated with the city of Lyon.

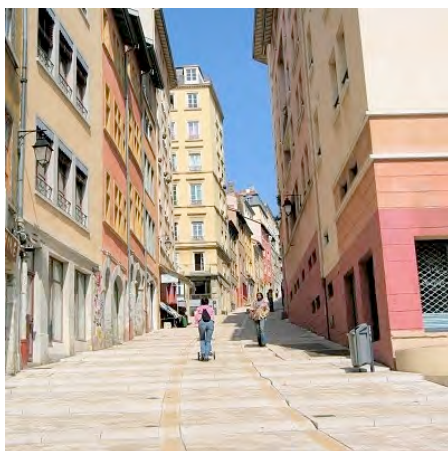
More information:

<http://www.lyontraboules.net/>

<http://www.lyon.fr/vdl/sections/en/entite?entiteId=33>

- **Montée de la Grande côte:**

7- La Montée de la Grande Côte, or *de la Grand-Côte*, is pedestrian road relating the Croix Rousse to place des Terreaux and the city center.



For more information : Les pentes de Lyon: <http://www.lyon-les-pentes.c>

Life in Lyon:

1) Social security, health care

You must be protected in case of an accident or health problems. Before arriving in France, get informed on your situation, check if there are any agreements between your country and France that could continue the scope of your health care insurance abroad.

A) If you are part of the European Economic Space and Switzerland:

- You benefit from medical care of your country with:
 - The European health insurance card (CEAM)
 - The temporary certificate of this card delivered by your country
 - A certificate of affiliation to a private insurance
- You don't need to affiliate to the French Social Security

- You don't benefit from medical care in your country, you need to affiliate to social security in France:
 - Obtain a special health insurance from the French social security called the "CMU" (*couverture médicale universelle*).
 - Contracting a private insurance

B) If you are not part of the EU and Switzerland:

You must contract medical care insurance:

- The CMU (*couverture mondiale universelle*)
- Private insurance

Website of the French Social Security: www.ameli.fr

Website of the student assistance: <http://www.assistance-etudiants.com>

Information delivered by Campus France:

<http://www.campusfrance.org/en/a-etudier/sejour01-7.htm>

2) Liability insurance

You must contract a liability insurance that will insure you in case of damage caused to others.

3) Housing insurance

If you rent an accommodation (student residence for example) you have to contract housing insurance to protect you in case of damage (fire, water damage, robbery...)

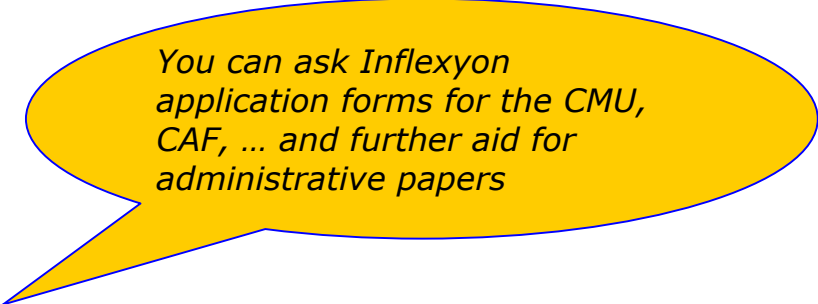
4) Financial housing assistance : CAF (caisse d'allocation familiales)

→ Foreign students who rent housing have the same right to financial assistance as French students: the *Allocation de logement à caractère social* (ALS) or the *Aide personnalisée au logement* (APL), depending on the type of housing. Payments are made by local family assistance funds (*Caisse d'Allocations Familiales*, or CAF) (www.caf.fr). Our office for students will be able to help you apply to the local CAF for this financial assistance.

To ask for financial assistance you must fill in an application form.

You can find it on the website of the CAF and download it at: www.caf.fr

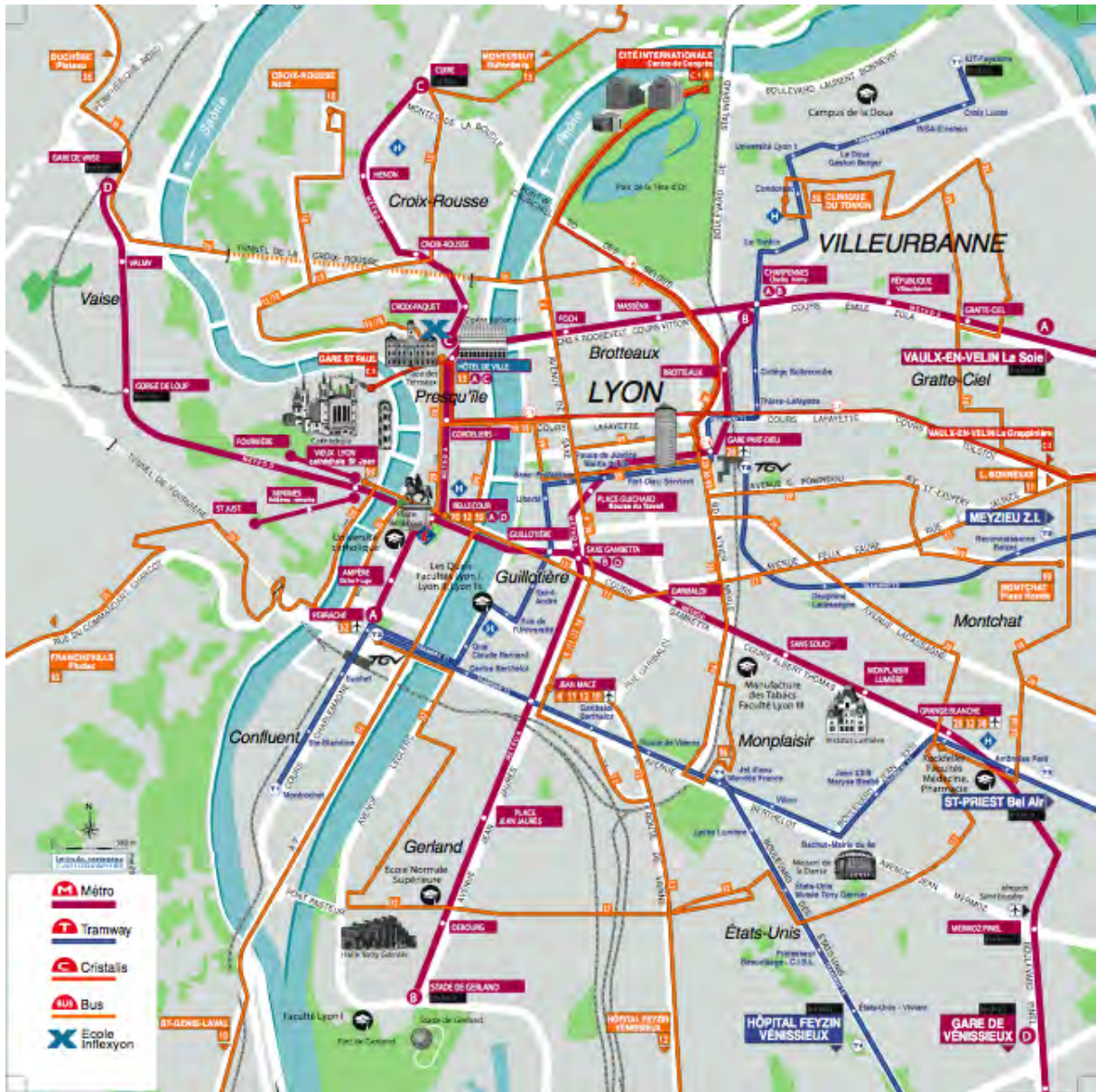
Good to know: the Caf of Lyon is editing a guide on how to fill in the documents, an English version is available → Inflexyon can provide you this guide.



You can ask Inflexyon application forms for the CMU, CAF, ... and further aid for administrative papers

5) Move in Lyon

Simplified map of Lyon with the localisation of Inflexyon:



> By Bus, Metro and Tramway

Suscription for students: € 28,80 / month (students under 28)

Weekly Suscription → « Pass Hebdo »: € 17,40 / week

Suscription to the « Pass Partout »: € 57,60€ / month

Book of 10 tickets with student discount: € 13,30 (student under 28) and normal price: € 15,10

TCL suscriptions: <http://www.tcl.fr/index.asp?page=abonnements>

> By bicycle, « Vélo'V »



Velo'v provides solid, comfortable bikes, available for anyone to use, 24 hours a day, 7 days a week. You can find them at strategic locations all over Lyon and Villeurbanne, thanks to a dense network of stations located at intervals of 300 m on average.

To hire a bike, it is simple you need a credit card. The Velo'v stations all accept international bank cards.

Hire a bike:

- Go to a Velo'v station
- Swipe your Vélo'v card
- Take a bike
- Go wherever you want
- Return the bike to any Velo'v station

Prices :

First 30 min are free !

Short term ticket : 1 day

30 to 90 minutes : €1.00

Each hour thereafter : €2.00

Registration fee : €1.00

Short term ticket: 7 Days

30 to 90 minutes : €1.00

Each hour thereafter : €2.00

Registration fee : €5,00

Long term card

First 30 minutes : free

30 to 60 minutes : €1,50

Each 1/2 hour thereafter : €1.50

Registration fee : €15.00 to 25 €

For more information see : <http://www.velov.grandlyon.com/>

6) Discovering and going out in Lyon

Lyon is listed at the Unesco "World heritage". It offers a rich historical and cultural background of more than 2,000 years and still very present nowadays. Lyon has more than 1 millions inhabitants and gathers an important cultural activity along with economic and student dynamism. Walking around in the typical streets and along the two rivers is always a pleasure. Lyon is full of green spaces, terraces and small authentic streets. Furthermore, its favourable geographic position near the Alps (possible to see the Mont Blanc for the upper parts of Lyon!), at the boarder of the south regions, and only two hours for Paris by train will give you the opportunity to visit easily some other parts of France.



a) Cultural events:

<http://www.lyon-france.com/que-faire/agenda/p-965/les-grands-evenements-annuels.php>

January:

Salons Sirha + Bocuse d'Or + Coupe du Monde la Pâtisserie

March – April:

- International fair of Lyon: <http://www.foiredelyon.com/>
- Thriller movie Festival: <http://www.quaisdupolar.com/>
- Music Biennale (even years)
- Circus Biennale (odd years)

May:

- *Les Nuits Sonores* (electro music festival): <http://www.nuits->

sonores.com/

- Vintage market: <http://www.marchemodevintage.com/>
- Night at the museums: <http://nuitdesmusees.culture.fr/>

June:

- World Music Day (June 21)

Summer:

- The nights at Fourvière (music and cultural festival in the antic theatre of Fourvière)
- Jazz Festival at Vienne
- *Tout l'monde dehors* (free summer outdoor music festival)

September:

- International Dance Biennale (even years)
- Modern art Biennale (odd years)
- European Day of Heritage (one weekend by mid-september)

October:

- La vogue des marrons (Big fairground at Croix Rousse)
- The Grand Lyon Lumière Film Festival (October 4-10, 2010)

November:

- Beaujolais Nouveau (the 3rd Thursday of November)

December:

- The light festival (during 4 days around the 8 th of December).

The most famous and beautiful show of the year.

- Christmas market: <http://www.marche-noel-lyon.fr/>



b)Cost of life in Lyon:

• Lodging

- Host family (breakfast included): between €350 and €450 /month
- Host family (half board): between € 500 and € 600/month
- Student residence: between € 380 and € 520 /month
- Studio with furniture (25 m2): € 550 /month

• Food and eating

- University restaurants: € 2.90 (1 meal)
- Restaurants: starting € 7 (lunch meal)
- 1 baguette of bread: around € 1
- 1 pastry: (around) € 0.85
- 1 sandwich: around € 3.50- € 5.50
- 1 kebab: from € 4 to € 5
- 1 coffee: around € 1.20

• Public transportations– TCL (*les transports en commun lyonnais*)

- “Campus” subscription for students: € 28,80/ month
- 10 tickets book (student discount): € 13,30

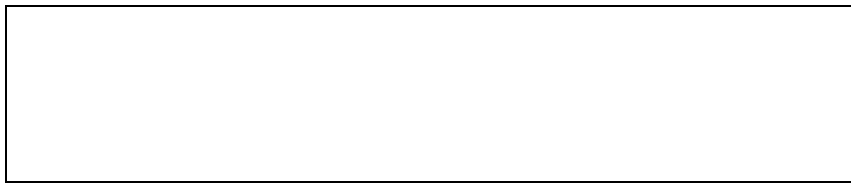
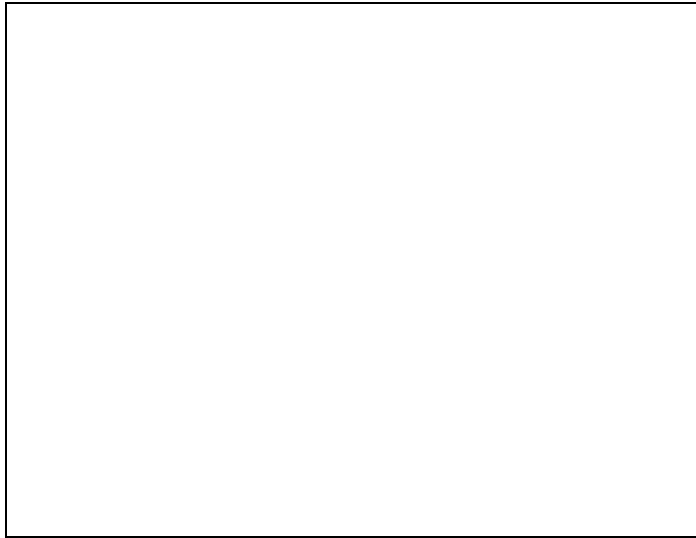
• Leisure

- Cinema: € 8 in average (with student discount)
- Museums: from €2 € to €7
- Newspapers: from € 0.90 to € 1.20

For more information:

<http://www.aderly.com/lyon/contents/lyon-attractivite-business/cout-vie-attractivite-lyon.jsp?lang=1>

Additional information on the cost of Life in Lyon:



Cost of life in the world

Source: Mercer Human Resource Consulting - 144 cities studied
(Classification from the less expensive to the most expensive city)

c)Bank holidays:

- January 1: New year
- Monday of Easter : (on the 4th of april in 2010 and 24 of April in

2011), religious celebration

- May 1: International workers' day
- May 8: Victory in Europe Day (World War II victory in 1945)
- Ascension Day: changing dates (on May 13 in 2010 and June 2 in 2011), religious celebration
- Whit Monday: changing dates (May 23 in 2010 and June 12 in 2011)
- *Lundi de Pentecôte* : changing dates (May 24 in 2010 and June 13 in 2011), religious celebration
- July 14: France's National Day
- August 15: Assumption Day, religious celebration
- November 1: All Saints' Day, religious celebration
- November 11: World War I remembrance day (November 11, 1918)
- December 25: Christmas Day

Inflexyon is open and class are carried out are during holy days except on May 1 and July 14 (that day is organized the traditional picnic of Inflexyon!)

d)Nature:

> Parc de la tête d'Or:

Free entry. Access : Metro A – Masséna station -,
Bus C1, stop at Parc Tête d'Or – Churchill ou Duquesne
Bus 27, 36 stop at Parc Tête D'Or – Duquesne
Bus 4 stop at Parc Tête d'Or – Churchill
- The botanic garden (in the parc de la Tête d'Or)
- The zoo (in the parc de la Tête d'Or)

> Les berges du Rhône – Urban parc along the Rhône river

> La Croix Laval Parc

> Meribel Jaunage Parc

e)Museums:

> Museum of Fine Arts– <http://www.mba-lyon.fr/mba/>
20 place des Terreaux 69001 Lyon
Tel: 04 72 10 17 40

> Modern Arts museum- <http://www.mac-lyon.com/mac/>

81 Quai Charles de Gaulle
Cité internationale 69006 Lyon – Tel: 04 72 69 17 18

> The Gadagne Museum– <http://www.gadagne.musees.lyon.fr/>
1 place du petit collège 69005 Lyon
Tel: 04 78 42 03 61

> Gallo-Romain Museum at Fourvière
- <http://www.musees-gallo-romains.com/>
17 rue Cléberg 69005 Lyon
Tel: 04 72 38 49 30

> History of print museum- <http://www.imprimerie.lyon.fr/imprimerie/>
13 rue de la Poulallerie 69002 Lyon
Tel: 04 78 37 65 98

> Institut Lumière - <http://www.institut-lumiere.org/>
25 rue du premier Film BP 8051 69008 Lyon

> Centre d'Histoire de la Résistance et de la Déportation
- <http://www.chrd.lyon.fr/chrd/>
14 Avenue Berthelot 69007 Lyon
Tel: 04 78 72 23 11

> Confluences Museum- <http://www.museedesconfluences.fr/>
86 quai Perrache 69002 Lyon
Tel: 04 78 37 30 00

> Fabrics and decorative arts museum-
<http://www.musee-des-tissus.com/>
34 rue de la Charité 69002 Lyon
Tel: 04 78 38 42 00

> Architect Tony Garnier Museum - musee@mutg.org
4, rue des Serpollières
69008 LYON
Tel: 04.78.75.16.75

> La maison des Canuts (silk workers' museum)
www.maisondescanuts.com

10-12 rue d'Ivry 69004 Croix Rousse

f) Music/ dance / concert:

> **Opera of Lyon** - <http://www.opera-lyon.com/>

1 place de la comédie 69001

> **Maison de la danse** - <http://www.maisondeladanse.com/en/>
8 avenue Jean Mermoz 69008 Lyon

> **Auditorium – National orchestra of Lyon**
http://www.auditoriumlyon.com/onl_info/index.htm
149 rue de Garibaldi 69003 Lyon

> **Hall Tony Garnier** - <http://www.halle-tony-garnier.fr/>
Place des docteurs Charles et Christophe Mérieux 69007 Lyon

> **Transbordeur** (concert place) - <http://www.transbordeur.fr/>
3 boulevard Stalingrad 69100 Villeurbanne

> **Espace Double Mixte** - http://doublemixte.com/b1f_dm/index.php
19 avenue Gaston Berger 69625 Lyon Cedex Villeurbanne

g) Studying:

> **Universities of Lyon** - <http://www.universite-lyon.fr/>

- Université Claude Bernard Lyon 1 (science, medical)
- Université Lumière Lyon 2 (human science, literature, law, philosophy, languages)
- Université Jean Moulin Lyon 3 (human science, literature, law, philosophy, languages)
- Université Catholique de Lyon

> **Bibliothèque municipale de Lyon:** <http://www.bm-lyon.fr/>

5. Useful contacts:

EMERGENCIES:

Call emergencies from a mobile phone	112
Medical emergencies.....	15
Police emergencies	17
Firemen.....	18
SOS doctor	3624
SOS doctor Lyon 24h/24... ..	04 78 83 51 51
289 Rue Garibaldi 69007 Lyon	
Night and weekend Medical centers	04 72 33 00 33
Poison and drug center.....	04 72 11 69 11
Dental emergencies.....	04 72 10 01 01
Eye care emergencies.....	04 72 11 62 33

HOSPITAL EMERGENCIES:

Hôpital Edouard Herriot, Pavillon N: 04 72 11 69 53
5 Place d'Arsonval 69003 Lyon

Centre hospitalier Saint-Joseph Saint-Luc: 04 78 61 80 00
20 Quai Claude Bernard 69007 Lyon

DOCTORS:

SOS Doctors – 04 78 83 56 96
10 place Dumas de Loire 69009 LYON

General doctor – MALAPERT Eric - 04 72 61 10 10
18 RUE SERVIENT 69003 LYON

Dentist – BOUVIER Isabelle - 04 78 37 88 52
2 PLACE BENOÎT CRÉPU 69005 LYON

Eye specialist – SAINT ETIENNE Florence - 04 78 54 33 12
219 AVENUE FÉLIX FAURE 69003 LYON

Dermatologist – PINCHART Deny Corinne - 04 72 12 16 14
3 rue Saint-Philippe 69003 LYON

Gynecologist – BERTHOUX GÉNESTOUX Agnès - 04 78 54 18 88
238 AVENUE FÉLIX FAURE 69003 LYON

NIGHT PHARMACIES:

Pharmacie des Cordeliers - BLANCHET: 04 78 42 12 42
5 place des Cordeliers - 69002 Lyon

Pharmacie Perret: 04 78 93 70 96
30 rue Duquesne – 69006 Lyon

Pharmacie des Gratte-Ciel: 04 78 84 71 63
28 avenue Henri Barbusse – 69100 Villeurbanne

http://www.lyon.fr/vdl/sections/fr/pied/numeros_durgence_1/?aIndex=3

TECHNICAL SERVICES:

Gaz - GDF (security and repair): 0 810 60 20 20

Gaz de France DolceVita Agendy: 04 78 60 68 40
Centre Commercial La Part-Dieu
Level 3 - 17, rue du Docteur Bouchut 69003 Lyon

Electricity - EDF (security and repair): 0 810 33 30 69
Agency Bleu ciel d'EDF - 16 rue de la République 69002 Lyon

Water: SDEI: 0810 814 814
Emergencies: VEOLIA Eau: 0810 000 777 (24/24, 7/7)

Phone company: France télécom: Tel. 1014
Agency at Lyon Cordeliers - 43 rue de la République 69002 Lyon

SOCIAL SERVICES:

> Hôtel de ville de Lyon – la mairie: 04 72 10 30 30
1 PLACE DE LA COMÉDIE 69001 LYON
<http://www.lyon.fr/>

> Préfecture du Rhône : Foreign student department
« Étudiants » 12 rue des Cuirassiers LYON 69003
<http://www.rhone.pref.gouv.fr/>

04 72 61 67 06: Monday to Friday from 9.00 am to 4.00 pm

> Police - 04 78 28 11 87
5 Place de Sathonay, 69001 Lyon

> Allô Service Publique 39 39
<http://www.service-public.fr/poser-question/allo-service-public/>

> Caisse Primaire d'Assurance Maladie (CPAM)
Lyon 3^{ème} - 12 rue d'Aubigny
Lyon 7^{ème} - 5 bis Place Jean Macé
Monday, Tuesday and Wednesday: 8.00 am to 5.00 pm
Thursday: 8.00 am to 5.30 pm
Friday: 8.00 am to 4.30 pm

Tel: 3646
Address: CPAM 69907 LYON Cedex20
<http://www.ameli.fr/>

> CAF de Lyon (Caisse d'Allocations Familiales): financial housing assistance

67 Boulevard Marius Vivier Merle 69003: à vérifier

Tel: 0820 256 910
Address :Caisse d'Allocations Familiales de Lyon
67 Boulevard Marius Vivier Merle 69409 Cedex 03
<https://www.caf.fr/wps/portal/>

> Central Post office at Bellecour
10 Place Antonin Poncet 69002 Lyon
Tel: 3631
<http://monbureaudeposte.laposte.fr/>

COMMERCIAL CENTERS AND SUPERMARKETS:

> Centre commercial Lyon Part-Dieu - 04 72 60 60 62
17 rue du docteur bouchut 69003 Lyon
<http://www.centrecommercial-partdieu.com/>

> Carrefour (supermarket) - 04 72 60 61 62
Centre commercial Lyon Part-Dieu 69003 Lyon
<http://www.carrefour.fr/magasin/lyon-part-dieu>

> Printemps (Department store) - 04 72 41 29 29
42 rue de la République 69002 Lyon
<http://www.printemps.com/>

> Galeries Lafayette (Department store) - 04 72 61 44 44
Centre commercial Lyon Part-Dieu 69003 Lyon
<http://www.galerieslafayette.com/content/>

> Fnac – Bellecour: 0825 020 020
85 rue de la République 69002 Lyon
<http://www.fnac.com/>

> DECITRE (library)
- 6 place bellecour 69002 Lyon
04 26 68 00 12
- 29 place bellecour 69002 Lyon
04 26 68 00 09
<http://www.decitre.fr/>

> Grande pharmacie Lyonnaise - 04 72 56 44 00
20-22 rue de la République 69002 Lyon
<http://www.grandepharmacielyonnaise.fr/>

> Les Halle de Lyon Paul Bocuse (gastronomic market place)
102 cours Lafayette 69003 Lyon
04 78 60 32 82
<http://halledelyon.free.fr/>

TRANSPORTS:

> S.N.C.F (national train)
<http://www.sncf.com/>
<http://www.voyages-sncf.com/>

> TCL (public transportation company in Lyon): 0820 427 000
Agency at Hôtel de Ville – 5 rue de la République 69001 Lyon
Monday to Friday: 7.30 – 8.30 (non stop)
Saturday: 9.00-12.00 / 1.30–5.00
<http://www.tcl.fr/>

TOURISM:

> Tourisme agency
Place Bellecour 69002 Lyon
04 72 77 69 69
<http://www.lyon-france.com/>

STUDENT LIFE:

> C.R.O.U.S - 04 72 80 00 04
59 rue de la Madeleine 69007 Lyon
<http://www.crous-lyon.fr/web/>

>C.R.I.J (Centre Régional Information Jeunesse) Rhône-Alpes
10 Quai Jean Moulin 69001 Lyon 04 72 77 00 66
<http://www.crijrhonealpes.fr/>

RESTO U / (UNIVERSITY RESTAURANTS):

> La Madeleine - 360, rue Garibaldi 69007 Lyon - 04 72 80 49 56

> La Manu - Sous-sol de l'aile G
1, avenue des Frères Lumière 69008 Lyon - 04.78.76.15.96

> Le BISTROT de la Manu -
4 cours Albert Thomas 69008 Lyon

> André ALLIX, 2, rue Sœur Bouvier 69005 Lyon - 04 72 57 17 82

> Faculté catholique - 19, rue du Plat 69002 Lyon - 04 78 38 17 12

>Cafétéria Carnot - 23 place Carnot 69002 Lyon - 04 26 84 52 30

<http://www.crous-lyon.fr/web/73.htm>

Download Lyon's major student guide:

http://www.lyoncampus.org/pagesguide/telecharger_guide_etudiant_lyon.htm

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